

## Adopt U.S. Troops, Inc. Family Readiness Group

**Local, Community-based Program in Support of Culpeper's Army Reserve Unit**  
3rd Battalion/317th Infantry Regiment (80th DIV)  
As well as Piedmont Area Service Men and Women Serving in Iraq and Afghanistan  
**Please visit our web site: [www.AdoptUSTroops.com](http://www.AdoptUSTroops.com)**

### Message from Family Readiness Leader, Dottie McDowney

On May 8, 2005, as my husband Kevin and his fellow comrades, I and other family members of the 3<sup>rd</sup> Battalion, 317<sup>th</sup> Infantry Regiment gathered with tear-filled eyes embracing one another in front of the headquarters building here in Culpeper to say good-bye before the troops loaded on buses to join other 80<sup>th</sup> Division Units in Richmond, Virginia, my mind reeled with thoughts of what needed to be accomplished immediately (such as ensuring each family member had acquired or would soon acquire their active duty identification cards) to ensure the families were on the right path to deal with the lengthy separation. I fought back tears that threatened to form a lump in my throat as each soldier approached to bid me good-bye, just to think of each leaving. I made to each soldier the same promise I had already made LTC Robert Chappell, Battalion Commander, that I would ensure the families as well as the soldiers were taken care of, and that we would all survive the lengthy separation.

As I left the center that day, I was blinking hard to clear my tear-stained eyes. This would be the longest separation Kevin and I would have endured in our 20 + years of marriage. The long drive home gave me an opportunity to think and reflect on what was important—The Mission. I returned home with a great sense of confidence that everything would be all right. Why so confident, one might ask. Well the 3/317<sup>th</sup> are blessed enough to be headquartered in Culpeper, and we possess something that no other unit in the Division has: the abundance of love and support of the Culpeper residents and our wonderful Community Coordinator and founder of Adopt US Troops Program, Ms. Julie Settle, who surpasses all others. Julie and I have partnered to ensure each family and troop's needs are met during this deployment. I pause to say "Thank You" to the entire Culpeper community for the love and support shown our troops and families. There aren't words enough to express our appreciation to Julie for her support.

Holidays are the most difficult time of any deployment. It's witnessing activities such as couples walking hand in hand as they shop and ready themselves for the holidays, or watching a dad engage in fun activities in the park with his children that remind deployed families just how difficult the separation from a loved one can be. I ask you, as you're scurrying around this holiday season, pause to encourage a military family.

### What is Family Readiness?

From: [www.armycommunityservice.org](http://www.armycommunityservice.org)

#### The Family Readiness Group

(FRG) is an officially command-sponsored organization of family members, volunteers, and soldiers belonging to a unit, that together provide an avenue of mutual support and assistance, and a network of communications among the family members, the chain of command, and community resources. FRGs help create a climate of mutual support within the unit and community. Basic FRG goals include supporting the military mission through provision of support, outreach, and information to family members. FRGs play an integral part in the Family and Soldier Readiness System (FSRS).

### How Can You Help?

- I implore the community to continue to reach out to the families and children, as well as the soldiers.
- I suggest the Adoption of Soldier's children and family for the holidays, while Soldier is serving
- Financial contributions are greatly appreciated for shipping and handling costs for care packages sent from home, etc.
- As the families prepare for winter, chimneys will need to be swept and furnaces prepared.
- Assistance with heating cost
- Vehicle preparation
- Cards and letters of encouragement to the families and troops
- Pampering Care Packages for families

#### Upcoming Events:

- Family Holiday Event - December 10, 2005  
3/317<sup>th</sup> Reserve Unit Culpeper (public invited)
- Care Package Assembly Meeting (held monthly)  
see <http://www.adoptustroops.com> website for schedule.
- Health Fair (Mar 06, location to be determined)
- 3/317<sup>th</sup> Homecoming Event (Date and location to be determined)



Dottie McDowney is the Family Readiness Leader for the 3/317th Battalion.

**[www.AdoptUSTroops.com](http://www.AdoptUSTroops.com)**

**"Please visit the website for information on how you may "ADOPT" a service member.  
This commitment is simply your agreeing to write letters to our Military  
Service members...help beyond that is up to you!"**

## Adopt U.S. Troops, Inc. News from Iraq

### Local, Community-based Program in Support of Culpeper's Army Reserve Unit

3rd Battalion/317th Infantry Regiment (80th DIV)

As well as Piedmont Area Service Men and Women Serving in Iraq and Afghanistan

**Please visit our web site: [www.AdoptUSTroops.com](http://www.AdoptUSTroops.com)**

#### Message from Iraq:

**Hello to all our friends in Wonderful Culpeper, Virginia!**



Lt. Col. Chappell with one of the American flags he carries to give to people back home when he and his troops arrive back safely.

We are now in our third month in Northwest Iraq and fast approaching our 7th month on active duty. I have just conversed with two of my Culpeper soldiers, SFC Davis and CPT Zimbardi. They are in good spirits and great health. SFC Davis says to tell you that the packages you have sent him as we approach the holiday season have meant a great deal to him.

I want to personally thank you as the Commander of the Culpeper Battalion for your show of patriotism. When we arrived we went straight into operations. I have been so proud of the soldiers' performance. Their representation of the United States has been one of integrity and loyalty to the mission we set out to do as a nation.

We were very involved in the security of the Referendum polling sites last month and

thus our second integral mission milestone. Our next will be the National Elections in December. The Iraqi people want freedom, I assure you. Their Army is well meaning and are becoming stronger everyday. We have nine months remaining on our tour, and our soldiers are already looking forward to returning to their loved ones.

Please keep us in our prayers during the upcoming holidays. I tell people to send the troops holiday music and decorations, as I like to bring a piece of America here to the troops.

Lastly, I would like to say this—until you have been away from home for an extended period of time you might not fully understand its impact on your life. Allow me to be your eyes.....I see joy in the faces of the Culpeper soldiers when we come back from a hard mail run, maybe dusty and dirty, certainly tired and at times stressed, but when the packages and mail are passed out, it is as if there isn't a care in the world.

Please let me help you understand the impact you are having on America's troops. Their mission accomplishment is partly yours through supported efforts.

I ask for your continued support of the **AdoptUSTroops.com** web site. The site's efforts in fundraising pays for our satellite phones, allowing us to call home, and to mail Family Support Program packages from the Reserve Unit in Culpeper to our soldiers in Iraq.

God Bless each of you and keep you safe. We pray for you daily.

*Lieutenant Colonel Robert P. Chappell, Jr.  
Battalion Commander, 3-317th Culpeper, Va.  
3rd Iraqi Division Executive Officer  
(Advisor)  
Northwest Iraq*

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Criminal Justice Services

Fiscal Year 2005-End Year Report

Fiscal Year 2006-First Quarter

J. Andrew Lawson, Director

Growth continues to affect the criminal justice system. Local probation placements have increased 28% from FY04 to FY05. Local probation supervision is a far less expensive option than jail. For FY05, the cost of supervision per day for CJS was \$2.92 as compared to the approximate cost per day for jail at \$65. (It should be noted that not all offenders are appropriate for CJS placement, and CJS is certainly not designed or meant to alleviate the need for a jail.) Culpeper must continue to employ methods that are cost-effective and provide safety to its citizens, as growth will continue. Below is a summary of FY05:

Cases Handled	FY05	FY04	+/-
General District Court	320	237	+35%
Juvenile & Domestic Relations Court	113	98	+15%
Circuit Court	27	18	+50%
Transfer In Cases	50	45	+ 9%
Total	510	398	+28%
Average Daily Caseload	211	185	+14%

84% of offenders were closed **successfully** as completing all court requirements

**\$88,382.56** facilitated in court costs and fines

**\$38,958.83** facilitated in victim restitution

**10,360 community service hours** completed

**(\$53,354** of labor based on minimum wage)

Age:	Average 30	Oldest 72
Gender:	Male 71%	Female 29%
Race:	White 64% Hispanic 7%	Black 28% Other 1%
Employment:	Employed 72%	Unemployed 28%
Marital Status:	Never Married 56% Separated 10% Widowed 1%	Married 25% Divorced 8%

The first quarter of FY06 has continued the staggering increase. There were a total of 173 placements this quarter; total year projection is 692 placements. This is an increase of 36% from last year and when compared to FY01 it is remarkable increase of 114%. It is just amazing to think that CJS has withstood this increase with no additional staff members.

CJS had to discontinue the Saturday CJS work crew, after being in place since 2001, as caseloads have grown high and administrative responsibilities have increased greatly per officer. It was disappointing to lose such a valuable resource, which certainly benefited the community greatly. In FY05 the work crew completed over 1,600 of community service hours. Throughout the years, the work crew accomplished many things from roadside pickup, illegal dump cleanup, and the Spilman Park project, just to name a few.

CJS has experienced a growth with the Hispanic placements. In FY05, 7% of the caseload was Hispanic. For the first quarter of FY06, the caseload for the Hispanic population was 21%. This is a remarkable increase. There are no current CJS staff members that are fluent in Spanish, which causes great stress and concern. CJS must rely on the Court’s interpreters to aid the staff in performing its duties. For all of the reasons listed in this article, CJS will seek additional staff and/or consultation services next year to keep up with the increased demand for services.

CJS has also been intensely involved with the Community-Based Corrections Plan and Study. The General Assembly approved Culpeper to conduct such a plan and study at its last session. The plan and study is the first step in securing a new jail. (Currently the Culpeper jail is rated to hold 37 inmates and often operates at three times that capacity.) The plan will include an analysis of staffing needs and a six year operating budget for any proposed facility; address pre-trial and post-disposition alternatives on a systematic local and possibly regional basis; and the plan will be based on a locally specific jail population forecast, which will include an analysis of the impact on the jail population of the alternatives identified. The study will include a facility planning program setting forth Culpeper’s requirements for building space, site data, written description of the project, conceptual floor plans, conceptual site plan, conceptual building section, construction cost estimate, energy analysis containing comparative fuel costs, and a schedule for planning and construction of the project. Moseley Architects, a Richmond-based firm, was chosen to conduct the plan and study. The preliminary forecast given to Culpeper for a jail is a facility containing 200 to 225 beds.

Have you become physically and/or verbally abusive to your spouse or significant other? Help is available. Contact Culpeper County Criminal Justice Services at 540-727-3450 for a referral to a treatment provider.





## Culpeper County Department of Health

### Health Department Offers Tips on Staying Healthy This Flu Season

Influenza causes an average of 36,000 deaths and more than 200,000 hospitalizations in the U.S. every year. Combined with pneumonia, influenza is the seventh leading cause of death in the nation. It can lead to serious complications by aggravating existing medical conditions. It can also lead to infections of the brain, heart, and other organs.

Influenza is a highly contagious virus that is spread easily from person to person, primarily when an infected individual coughs or sneezes. The virus can be transmitted even before influenza symptoms appear. The “flu” is one of the most severe respiratory illnesses of the winter season, and it is important to take preventive steps to avoid becoming ill.

Stopping the spread of germs involves several simple steps that all of us can take to help prevent illnesses, such as flu, from spreading throughout our community. Avoiding close contact with people who are sick is important. Staying home when ill and keeping sick children home from school is very important because germs from infected people move through the air and are deposited on the mouth or nose of people nearby. Sometimes germs can also be spread when a person touches respiratory droplets from another person on a surface like a desk, and then touches his or her own eyes, mouth or nose before washing his or

her hands. We know that some viruses and bacteria can live 2 hours or longer on surfaces like cafeteria tables, doorknobs, and desks.

It is important to cover your mouth and nose when coughing or sneezing. Teach everyone in your household the basic lessons of “respiratory etiquette.” Cough or sneeze into a tissue, and then throw it away. Cover your cough or sneeze; if you do not have a tissue, even coughing into your shoulder or sleeve, if you have no other alternative.

Keeping clean hands is one of the most effective ways of preventing spread of germs. Washing hands with warm water and soap for 20 seconds is recommended. If soap and water are not available, alcohol-based disposable hand wipes or gel sanitizers may be used. These are available in most supermarkets and drugstores. If using gel, rub your hands until the gel is dry. Remember that the flu causes high rates of absenteeism among students in the United States. According to the Centers for Disease Control, nearly 22 million school days are lost annually due to the common cold alone.

Getting plenty of sleep, physical activity, drinking water, and eating balanced meals, including fresh fruits and vegetables are other ways to help stay healthy this winter.

## Office of Emergency Services

Submitted by E. Thomas Williams,  
Director

Emergencies and disasters strike quickly and without warning and can force you to evacuate your neighborhood or confine you to your home. What would you do if basic services — water, gas, electricity or telephones — were cut off? Local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone right away. If disaster strikes, you need to know how to take care of yourself and your family. The Culpeper County Office of Emergency Services will be submitting articles in each issue to help you and your family to be prepared. In this issue we will be focusing on Pandemic Flu. We are working very closely with the Rappahannock-Rapidan Health District and other medical personnel to focus on educating the public and preparing for a pandemic.

“While I can’t say when, one day there will be another pandemic, and we need to be prepared,” Rappahannock-Rapidan District Health Director Dr. Lilian Peake said in a presentation to the Culpeper County Board of Supervisors Tuesday, November 1, 2005.

### Pandemic Flu Fact Sheet

#### What is pandemic flu?

Pandemic influenza is a global outbreak of disease that occurs when a new influenza A virus appears in humans, causes serious illness, and then spreads easily from person to person worldwide.

#### How is a pandemic different from regular flu season?

A pandemic flu is a new influenza virus that could be much more serious than those seen in a typical flu season. Different from the usual strains of flu, humans would have little or no natural resistance to it.

A new vaccine is produced each year to protect against the seasonal flu, but a targeted vaccine that would be effective against a pandemic strain may not be available at the time a pandemic flu first strikes. It could take at least six months after a pandemic flu appears to manufacture sufficient vaccine.

#### Why is pandemic influenza so serious?

Because most or all people would not have immunity to a pandemic virus, large numbers of persons around the world could be infected. Once a pandemic virus develops, it can spread rapidly around the world. The U.S. Centers for Disease Control and Prevention (CDC) predicts that as much as 25% to 30% of the US population could be affected.

#### What can I expect if pandemic flu hits?

Culpeper County is working with other agencies to respond to pandemic influenza and to maintain essential government services if an outbreak occurs. However, it’s not possible to prevent or to stop a pandemic once it begins. A person infected with influenza virus can be contagious for 24 hours before the onset of symptoms, and up to seven days thereafter, making it extremely easy for the virus to spread rapidly to large numbers of people. When a pandemic does occur, antiviral drugs will need to be prioritized. Measures to slow the spread of a pandemic outbreak could include temporarily closing schools, sports arenas, theaters, restaurants, and other public gathering places and facilities. Basic services such as health care, law enforcement, fire, emergency response, communications, transportation, and utilities could be disrupted for many weeks.

#### How can I prepare and protect myself?

- o Stock enough food, water and other supplies for at least a week. Even if a pandemic does not strike, these are supplies that you need to

prepare for all hazards. ***Do it now!*** If you become ill, you won’t be able to make a trip to the local grocery store.

- o There is some speculation that flu vaccine may provide some type of protection, so it is recommended that those at risk get the regular seasonal flu shot.
- o Wash hands frequently with soap and water. If not available, antibacterial soaps and gels are a good alternative.
- o Practice good cough and sneeze etiquette. When coughing or sneezing, it is recommended to cover your mouth with a tissue or with your inner elbow if a tissue is not available (not your bare hands). Immediately throw the tissue in the trash and wash your hands.
- o Most importantly, you need to recognize flu symptoms and **STAY HOME**. Symptoms include fever (usually high), headache, extreme tiredness, dry cough, sore throat, runny or stuffy nose and muscle aches. If you develop an illness with these symptoms, contact your health care provider or if severe, call 9-1-1.
- o Avoid contact with people known to have the flu or who appear to have a respiratory illness.

#### How can I stay informed?

Monitor local media for up-to-date information.

For additional information on Emergency Preparedness please visit the County’s website at <http://www.culpepercounty.gov> Be sure to download and review the *Family Preparedness Plan*.

*If you haven’t already done so, be sure to sign up for C.A.N.S. (Culpeper Automated Notification System).*



Department of Risk Management

Submitted by Sheila D. Farmer-Dumas, Director

YIELD TO EMERGENCY VEHICLES



Virginia law requires that the driver of every vehicle shall immediately move as close as possible, and parallel, to the nearest edge of the road, clear of any intersection, and stop whenever an emergency vehicle with warning lights and siren operating is ap-

proaching. The driver shall remain stopped until the emergency vehicle has passed and no other emergency equipment is in sight. Frequently, drivers do not check rear view mirrors often enough, and it is difficult to hear an approaching siren with windows up and the radio turned on. It is important to check your side and rear view mirrors every 10 seconds and always be alert to the possible presence of emergency vehicles around you. Remember, if you were in need of emergency help, you wouldn't want thoughtless drivers delaying those en-route to help you!



Fire Safety and Your Tree

Carefully decorating Christmas trees can help make your holidays safer.

Facts & figures

- During 1999–2002, Christmas trees were the items first ignited in an estimated 360 reported U.S. structure fires per year, resulting in 15 civilian deaths, 44 civilian injuries, and \$16.4 million in direct property damage per year. These include real as well as artificial trees.
- With 18 percent of the fires, the leading factor contributing to Christmas tree fires and property damage was a heat source too close to combustibles. Forty-four percent of Christmas tree fires in homes involved no equipment, but when equipment was cited, it was usually electrical system components, as one would expect if decorative lights on the trees, or the system feeding them power, were the primary problem.
- The leading source of heat was arcing, accounting for 90 reported fires per year (30%), no civilian deaths, 10 civilian injuries, and \$3.8 million in direct property damage per year. Radiated or conducted heat from properly operating equipment, the second leading causes accounted for 19 percent of the total.

Source: NFPA's One-Stop Data Shop

Safety tips

- When decorating Christmas trees, always use safe tree lights. (Some lights are designed only for indoor or outdoor use, but not both.) Larger tree lights should also have some type of reflector rather than a bare bulb, and all lights should be listed by a testing laboratory.
- Follow the manufacturer's instructions on how to use tree lights. Any string of lights with worn, frayed or broken cords or loose bulb connections should not be used.
- Always unplug Christmas tree lights before leaving home or going to sleep.
- Never use lit candles to decorate a tree, and place them well away from tree branches.
- Try to keep live trees as moist as possible by giving them plenty of water daily. Do not purchase a tree that is dry or dropping needles.
- Choose a sturdy tree stand designed not to tip over.
- When purchasing an artificial tree, be sure it is labeled as

fire-retardant.

- Children are fascinated with Christmas trees. Keep a watchful eye on them when around the tree and do not let them play with the wiring or lights.
- Store matches and lighters up high, out of the reach of children, preferably in a locked cabinet.
- Make sure the tree is at least three feet (one meter) away from any heat source and try to position it near an outlet so that cords are not running long distances. Do not place the tree where it may block exits.
- Safely dispose of the tree when it begins dropping needles. Dried-out trees are highly flammable and should not be left in a house or garage, or placed against the house.

WARNING!! Can Your Ashes

Do not use a bag to dispose of ashes.

**Statistical Background** - Most people do not view the improper disposal of fireplace ashes as a serious home safety threat, but statistics prove otherwise. The National Fire Protection Association released statistical data taken from the years 1994 – 1998 concerning fires started by a hot ember or ash that was abandoned or discarded. According to this survey we can expect the following to occur each year:

- ❑ 9,870 structure fires
- ❑ 32 civilian deaths
- ❑ 171 civilian injuries
- ❑ \$165 property damage (in millions)

Many people do not realize the length of time required for ashes to cool. Coals or embers can remain hot for a long time, four days (96 hours) is the minimum cooling period for ashes.

Homeowners often use inappropriate containers to dispose of ashes.

- ❑ 4% of homeowners used a **paper** bag as the initial container for their ash;
- ❑ 17% of homeowners used a **plastic** trash can as the initial container for their ashes;
- ❑ 8% of homeowners used a **cardboard** box as the initial container for their ashes;

So, how do you properly clean your fireplace or wood stove and dispose of the dangerous ashes safely?

Proper Fireplace Cleaning Methods

When you clean your fireplace, there are a few things to keep in mind:

1. You should always place discarded fireplace ashes in a heavy metal container, moisten the ashes and cover the container with a metal lid. **NEVER USE A PAPER BAG**, a cardboard box or a plastic trash bag in the cleaning process. Never use a vacuum cleaner to pick up ashes.
2. Ashes should be kept in a metal container outside, away from the house to cool. Your garage, house, or deck are dangerous locations for ashes to cool. After ashes have cooled in a metal container, it is necessary to find a suitable disposal site.

**Never dump fireplace ashes until they have had at least four days to cool.** Even after four days, great care should be given in selecting a dump site. Wooded areas should always be avoided.

Proper Disposal of Fireplace Ashes

Garden areas or flower beds are ideal locations to dump cooled fireplace ashes, allowing many nutrients to return to the soil. Please survey the area and evaluate any additional hazards before disposing of your cooled ashes. Make sure all dry leaves have been removed from the area before dumping your ashes in either a garden or flower bed that is away from the house and remember to moisten the area.



## Virginia Cooperative Extension Services



### Culpeper County 4-H

Vivienne S. Ellyson, Extension Agent, 4-H Youth

A new 4-H Year began on October 1, and all of Culpeper's 4-H clubs are off to a fine start. Newly elected club officers were taught Parliamentary Procedures and the duties of their office at Club Officer Training in November.

We have a new club, the Showcase Club, which offers the chance to learn and try a new craft project each month. This club is for youth ages 9 through 19. Some of the projects planned include cross-stitch, wood working, cake decorating, floral arranging, and textile designs. Youth might discover their hidden talents and decide to pursue one, or several, new hobbies. The goal is that by July club members will have several items to exhibit in the Showcase Building at the CMR Fair. Join the Showcase Club and see if there are any blue ribbons in your future.

4-H club members and volunteer leaders were recently recognized for their accomplishments during the 2004-05 4-H Year at the annual Achievement night, held on the evening of Nov. 19. The theme this year was Autumn Splendor, and the event began with a potluck supper. Awards were presented to those 4-H youth who met project criteria. To get most basic awards an individual must complete a project book, perform community service, do a presentation, and participate in other 4-H activities. Club leaders were recognized for their years of service. New candidates were inducted into Honor Club during a special candle-lighting ceremony. Membership in Honor Club is by invitation only, to 4-Hers who have exhibited active participation and leadership in another 4-H club.

4-H Winter Camp will be held the weekend of February 10 – 12 at the beautiful 4-H Educational Center at Front Royal, Virginia. Camp runs from Friday evening through Sunday morning. It is open to all boys and girls ages 9 – 13. Campers will choose three mini-classes in which to participate on Saturday. Everyone is sure to enjoy the games, special events, and indoor "campfire" programs. Registration forms with more detailed information will be available in early January. Come to winter camp for a fun-filled weekend vacation.

It's also time to be thinking about 4-H County Competitions, which will take place in March. There will be three categories: Presentations/Public Speaking, Share-the-Fun (talent show) and Fashion Revue (fashion show). Special workshops will be held prior to Competition Day to help youth learn the basics of giving an oral presentation and/or coordinating an outfit. Registration materials will be available in January. Those wanting to perform in Share-the-Fun should be putting together their dance, singing, instrumental, dramatic, or variety act. Auditions will be held in early March. 4-H competitions are designed to be a fun, learning experience, and individuals are judged against specific standards, not each other. Everyone is a winner.

If you have questions or would like more information about 4-H programs, please contact Vivienne Ellyson, Extension Agent, 4-H Youth Development: (540) 727-3435 or vivsharp@vt.edu.

### 'TIS THE SEASON TO BE HEALTHY—FOR YOUR KID'S SAKE

Georgette Yates, Program Assistant

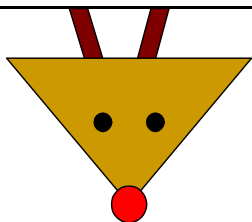
4-H Smart Choices Nutrition Education Program

What are the hottest gifts for kids this Christmas? I can remember an era when Cabbage Patch Kids were the craze and how delighted I was when I realized that somehow, by some great miracle, my mother had actually managed to secure one of these highly sought-after dolls for me. I was convinced at that very moment that my parents were the best around, especially since many of my friends who asked for the same doll were terribly disappointed on Christmas morning. I simply couldn't think of a better gift that they could've given me.

Now, some 20 years later my outlook on gift giving is slightly different. It seems that you can no longer pick up a newspaper or magazine without being bombarded with the reality of America's weight problem. It's especially sad- dening to hear of children so overweight that they are developing diseases we once considered "adult" diseases. So, for that reason alone, I view the gift of good health as being much more meaningful and worthwhile than my precious Cabbage Patch doll (which by the way, I still have). Don't get me wrong. I still encourage you to fill the stockings and do your best to fulfill those arm-length Santa lists, but I also encourage you to give your kids the gift of good health this year!

I know that sounds like a cliché, and with all the news about the childhood overweight epidemic, you've probably heard more than you care to about nu- trition, diet and exercise. But, to give your child the gift of good health is a lot easier than you probably think; all it takes is a little pre-planning and some creativity. I offer you the following tips to help you and your family have a "healthy holiday":

1. Realize that you are your child's primary role model. Model appropriate eating habits, and eventually, your child will mock those behaviors.
2. Please don't "shop 'til you drop"! Instead, plan to stop shopping at a speci- fied time and have lunch. Don't wait until you're hungry to eat as this will only increase your chances of making "unhealthy" food choices.
3. Before leaving home, pack a few healthy snacks for children to enjoy be- tween meals, if you know you're going to be out most of the day. It's also a good idea to bring an empty water bottle along that you can fill up at a wa- ter fountain once inside the mall.
4. Don't starve yourself or your children in anticipation of holiday parties. Going to parties on a semi-full stomach will help you ward off the tempta- tion to indulge in all the chips, dips, cookies and rich hors d'oeuvres avail- able.
5. Don't offer food as a gift or reward. Children should be taught to view food strictly for the purpose of nourishment. Offering food as a gift or re- ward contributes to emotional binging.
6. Give your holiday recipes a make-over by replacing sugar, heavy creams and margarine with reduced fat/calorie substitutes.
7. Plan daily, family activities that emphasize moving to encourage your fam- ily to become more physically active.
8. Give gifts that encourage physical activity—bikes, jump ropes, skateboards, etc.
9. Encourage your children to eat more fruits and vegetables by assisting them in preparing creative snacks and meals using a variety of fruits and vegeta- bles.
10. Don't strategize to get the parking space closest to the door. Instead park further away and race the kids to the door. ***Start the race from the side- walk—never allow children to run in a parking lot.***



### RUDOLPH SANDWICHES

#### Ingredients:

2 slices whole grain, wheat bread  
Fill with peanut butter, chicken or egg salad  
2 small pretzel rods  
1 cherry tomato or maraschino cherry  
2 raisins

1. Cut bread into a triangle; trim the crusts.
2. Spread sandwich filling onto one slice of bread and top with remaining slice.
3. Insert pretzel rods in the sandwich along the widest edge to resemble antlers.
4. Use the cherry or tomato for a nose and add raisins for eyes. Serve with fruit, veggies and milk for a balanced, healthy meal.

Virginia Cooperative Extension Services (Continued)

Feeder Cattle Marketing

Carl C. Stafford, Extension Agent  
Agriculture and Natural Resources  
Virginia Cooperative Extension

Organized feeder cattle marketing began in this area in the late 50’s as a group of producers and community leaders recognized a need. The purchase of land and construction of the Culpeper Agricultural Enterprises (CAE) facilities south of Culpeper on Rte 29 is a direct result of those early efforts, that continue to pay off for cattle producers today. Feeder cattle producers are working together on regional marketing efforts to command higher prices for their cattle. Their cooperative efforts include the involvement of the Culpeper Madison Feeder Cattle Association (CMFCA), the CAE, and the Farmers Livestock Exchange of Winchester (FLE).

Working with sales management from the FLE, the CMFCA held sales in 2005 at the CAE starting in February and concluding for 2005 with a combined November/December sale date on November 30. For 2005 the total head of graded cattle is expected to exceed 4000, triple the number sold at its low point in 2001. Those that remember the early 90’s will recall annual graded sales at the CAE exceeding 10,000 head. This gives the organizations a goal to shoot for, and their progress so far shows what can be done if you work to benefit everyone. Association secretary, Pat Kerrick, tells me that she signed up 60 new members this year alone, another indication of improvement.

With changes in the overall cattle market, buyers are looking for some type of assurance on the cattle they buy. They want to know where the cattle come from and if they will be healthy. The folks at Winchester have had good luck with their first attempts at holding source verified feeder cattle sales. Source verified sale requirements would be to have cattle vaccinated to prevent respiratory disease and blackleg after 3 months of age and to have a regular ear tag put in for identification. All of this would be done for the producers on the farm at a cost of \$15.00 per head. A working chute can be provided as well if needed. Two source verified sale dates have been set by the CMFCA for the third Wednesday in May and October, at the CAE.

Graded sale dates held by the CMFCA at the CAE for 2006 have been set for every third Wednesday with take-in from 7:00 am until 2:00 pm, and the sale at 7:30pm the same day. For producer convenience, cull cattle, bull calves, and other livestock will be taken in at the same time and sold at 5:00 pm. CMFCA president, Walker Somerville, says that he is very pleased with the efforts by FLE manager Scott Stickley and fieldman Wes Ware. He says “these are good, honest, hard-working people, who have increased competition for feeder cattle in our area.”

As I finish this article, I can tell you that what I have just described is a win-win situation. Producers are winners; organizations and associations are winners; and most importantly buyers are winners, as everyone works together to gain mutual advantage in the cattle market.

Family Transitions Can Add to Holiday Stress

Linda G. Murphy, Senior Extension Agent  
Family & Consumer Sciences

Advertisers paint rosy pictures of families enjoying the traditions associated with the holidays celebrated at this time of year. These perfect pictures of perfect families are largely a myth. For many, the season adds to the stress in their lives with the added events and expectations.

Families that are going through transitions face additional stress, as they try to evaluate and redefine family tradition. Marriages, births, illness, divorce, unemployment and separation due to work or military deployment are among the life events that can add to the stress. These events, however, can provide an opportunity for us to establish some unique family activities that can help us deal with the change.

It helps if you start by planning well in advance. Involve all family members in the process. Be reasonable in your holiday expectations with the resources you have. Focus on spending enjoyable times with family and friends that can provide lasting memories.

Be flexible as you define new ways of celebrating the holiday. Who says it has to be done on the “official” day? Or that it occurs in a certain place? Creating new ways of celebrating encourages the growth of bonds between family members, in addition to creating fond memories. This will be more likely to occur if family members are allowed to share their feelings and ideas.

Avoid over-commitment during this time. Limit the number of gatherings in one day. Try to end get-togethers before fatigue sets in. This is important when children are involved. Plan activities that leave everyone relaxed when they’re over.

Enjoy your family’s uniqueness. All families struggle with transitions. It is through these challenges that we can grow in understanding and learn to appreciate our family and express that for one another.

It also helps to maintain a sense of humor. Focus on having fun, even if it means being a little silly or outrageous.

CULPEPER OFFICE OF ECONOMIC DEVELOPMENT  
HARVEST DAYS FARM TOUR

The Eighth Annual Harvest Days Farm Tour held on October 1 and 2 was an exciting event with over 16 host sites and 4600 visitors who enjoyed the beautiful early autumn days at area farms and attractions. Celebrations were in the air all over Culpeper County, and visitors enjoyed the Piedmont Railroad exhibits at the depot, the Farmers’ Market downtown, and attractions such as winery and distillery tours, horse penning demonstrations, hayrides, pumpkin painting, petting zoos, llamas, dairy farm tours and even mini-golf at the various farms. There was live music and food – even buffalo burgers! Visitors also had an opportunity to visit herb and flower gardens, find their way through a corn maze, tour a greenhouse and a feed mill, and learn how, in Culpeper County, commerce truly grows on the farm!

We appreciate all the hard work by the host sites and the volunteers who helped with the Harvest Days Farm Tour. In addition to providing a fun family outing, this event attracts tourists to our county and educates everyone about the economics of farming and agribusiness in our community.

Door prize winners were Barbara Falkner, Brandy Station; David Stephenson, Culpeper; and Steve & Elizabeth Flanagan, Vienna, Virginia. They received prizes donated by New Holland, CFC Farm & Home, and Dianna Catron. If you missed the fun this year, mark October 8 & 9, 2006, on your calendar for Harvest Days 2006!

Susie Updike  
Culpeper Economic Development for the Harvest Days 2005 Committee



## News from Environmental Services

### Clevenger’s Village

The development of the water and sanitary sewer utility systems for Clevenger’s Village has progressed significantly over the past several months. The utility systems will include a new water treatment plant, a new wastewater treatment plant, four new water wells, a new water storage tank and all of the water and sewer piping required to complete the system. The systems will serve the new Clevenger’s Village residential and commercial development, the existing South Wales Subdivision and the surrounding areas.

After sites were selected for the facilities, a detailed survey was conducted for each facility site. Existing physical feature and ground elevation data was compiled to create the mapping on which design elevations were to be based. Design was then started for the ground water well facilities, water treatment facility, and wastewater treatment facility.

The four new ground water wells have been drilled, and they are capable of producing a combined 600 gallons per minute, which is almost a million gallons of water each day. The wells will serve as the water supply source for Clevenger’s Village area. The well sites are located on the eastern portion of the property along the Rappahannock River. Each well will have a well house, which will house the well pump, piping and all other equipment required. The pump in each well house will be designed to pump water from the well to the new water treatment plant.

The water treatment plant will include a 100,000 gallon raw water storage tank, to store water on site before treatment. This will allow the plant to treat the water at a more constant rate. The water treatment plant will treat the well water to remove materials in the water that may be detrimental, including iron, manganese, radon and arsenic. This will provide excellent quality water for the Clevenger’s Village area. A portion of the filtered water will be stored at the treatment facility site in a 250,000 gallon water storage tank. The water will then be pumped to an elevated water

storage tank(s) in the development and will flow by gravity into the distribution system serving individual homes and businesses. The finished system will provide domestic water service and fire flow protection to Clevenger’s Village, South Wales, and adjacent properties to the north and west. The water treatment process was designed to meet or exceed the treatment levels set by the Virginia Department of Health and the Environmental Protection Agency Safe Drinking Act.

The wastewater treatment facility will be located at the Rappahannock River near the easternmost end of the Clevenger’s Village development. It will receive wastewater flows from the residential and commercial users within Clevenger’s Village, the South Wales community, and adjacent properties to the north and west. The existing South Wales wastewater treatment facility will be removed once the new plant is on-line. The treatment process was designed to treat the wastewater to the standards that are required by the Virginia Department of Environmental Quality, to improve the quality of the Chesapeake Bay.

After months of preparation and coordination, the design drawings and specifications have been completed for each of these facilities and will now be reviewed by regulatory agencies, including the Virginia Department of Health and the Department of Environmental Quality. The review and approvals for each facility are expected to take approximately two months. This review will ensure compliance with all state and local regulations. The construction contract bidding and award process will follow the approvals from the State and is expected to take approximately three months. If this schedule is maintained, construction of the new facilities will begin in April or May of 2006. In coordination with the well and treatment facilities, the sewer collection and water distribution systems are currently being designed. Once installed, they will complete the system and provide water and sewer service to the Clevenger’s Corner area.

## Culpeper County Abandoned Vehicle Program

Virginia’s Abandoned Motor Vehicle Program was introduced in 1975, in accordance with *Virginia Motor Vehicle Code 46.2-1207*, to further the beautification of the Commonwealth. It is designed to remove all abandoned, inoperable vehicles from public and private property.

Section 46.2-1200 of the *Virginia Motor Vehicle Code* defines an “Abandoned motor vehicle” as follows:

"Abandoned motor vehicle" means a motor vehicle, trailer, or semitrailer or part of a motor vehicle, trailer, or semitrailer that:

1. Is inoperable and is left unattended on public property, other than an interstate highway or primary highway, for more than

- forty-eight hours, or
2. Has remained illegally on public property for more than forty-eight hours, or
3. Has remained for more than forty-eight hours on private property without the consent of the property's owner, regardless of whether it was brought onto the private property with the consent of the owner or person in control of the private property, or
4. Is inoperable, left unattended, or both, on an interstate highway, or
5. Is inoperable, left unattended, or both, on the shoulder of a primary highway.

If you have any questions regarding the Abandoned Vehicle Program please call the Culpeper County Department of Development at (540) 727-3404





## What You Can Do: Put Your Sidewalk and Driveway on a Low Salt Diet

There are many things you, as an individual, can do to keep your driveway and sidewalk safe and ice-free, without compromising the health of the environment. From what you buy at the store, to how and when you apply it at home, your choices can make a difference.

### What You Can Do

Keeping ice and snow off your driveway and sidewalks is important for safety. The following tips can help you choose the best deicing product for your home and the environment.

**1. Buy Early.** Make sure to buy your deicing product well before the big storm hits; otherwise, you could be looking at empty shelves and have few, if any, environmental choices to make at the store.

**2. Check the Label.** The table below provides a summary of the pros and cons of the various main ingredients of common deicing products. Check the package label closely to see what you are buying. Experts recommend using calcium chloride over sodium chloride (rock salt).

Check the Label For	Works Down to:	Cost is:	Environmental Impacts
Calcium Magnesium Acetate (CMA)	22°F to 25°F	20x more than rock salt	(+) Less toxic
Calcium Chloride (CaCl)	-25°F	3x more than rock salt	(+) Can use lower doses; (+) No cyanide; (-) Chloride impact
Urea	20°F to 25°F	5x more than rock salt	(+) Less corrosion; (-) Adds needless nutrients
Sand	No melting effect	~\$3 for a 50 lb. bag	(-) Accumulates in streets and streams
Sodium Chloride (NaCl), aka rock salt	15°F	~\$5 for a 50 lb. bag	(-) Contains cyanide; (-) Chloride impact

**3. Avoid Kitty Litter and Ashes.** Although these products are environmentally friendly, they aren't very effective. While they provide some traction, they do not melt snow and ice. Also, they tend to get real gooey and messy when it warms up, which often tracks in to the floors of your home. If traction is what you want, then stick with sand, which is much cheaper and easier to sweep up.

**4. Shovel Early and Often.** When it comes to snow removal, there is no substitute for muscle and elbow grease. Deicers work best when there is only a thin layer of snow or ice that must be melted. Get out the snow shovel and move as much snow as you can during the storm. A flat hoe can also help to scrape ice off the surface before any deicers are applied. Be careful when chopping the ice build-up that you don't damage your sidewalk. Also, be careful when shoveling snow. Snow is heavy, and overexertion can lead to heart attacks.

**5. Know Your Salt Risk Zone.** You wouldn't want to kill your favorite tree, shrub or grass, so check out the plants that grow within five or ten feet of your driveway and sidewalk (and the road, for that matter). The table below summarizes some of the salt-sensitive plants that might be at risk. If you have salt-sensitive trees, shrubs or grasses in this zone, you should avoid any deicing product that contains chlorides (rock salt and calcium chloride), or use very small doses. You may want to use CMA as a safer alternative, or stick with sand for traction.

Landscaping Areas	Species at Risk from Salting
Deciduous Trees	Tulip Polar, Green Ash, Hickory, Red Maple, Sugar Maple
Conifers	Balsam Fir, White Pine, Hemlock, Norway Spruce
Shrubs	Dogwood, Redbud, Hawthorn, Rose, Spirea
Grasses	Kentucky Bluegrass, Red Fescue

**6. Avoid Products that Contain Urea.** Some folks recommend the use of urea as a safer alternative to more common deicing products, arguing that it does not contain chlorides and, as a form of nitrogen, will help fertilize your yard when it washes off. In reality, urea-based deicing products are a poor choice. To begin with, urea is fairly expensive and performs poorly when temperatures drop below 20°F. More importantly, the application rate for urea during a single deicing is ten times greater than that needed to fertilize the same area of your yard. Of course, very little of the urea will actually get to your lawn, but will end up washing into the street and storm drain. Given that nitrogen is a major problem in the Bay, it doesn't make sense to use nitrogen-based products, such as those containing urea, for deicing.

**7. Apply Salt Early, but Sparingly.** Remember what your Mom may have told you at the dinner table: "A little salt goes a long way." The recommended application rate for rock salt is about a handful per square yard treated (after you have scraped as much ice and snow as possible). Using more salt than this won't speed up the melting process. Even less salt is needed if you are using calcium chloride (about a handful for every three square yards treated - or about the area of a single bed). If you have a choice, pick calcium chloride over sodium chloride. Calcium chloride works at much lower temperatures and is applied at a much lower rate.

### Did You Know?

**Deicers Are Important.** Statistics indicate that eight times more traffic accidents occur before deicers are applied to road surfaces than afterwards. This improvement in road safety is very important, since more than 6 million of us drive to work every day, often spending a considerable amount of time commuting. For example, the EPA estimates that about a third of all commuters in the Chesapeake Bay watershed drive more than 30 minutes each way to work.

**Snow Can Kill.** According to NOAA's National Snow and Ice Data Center, snow is directly or indirectly responsible for hundreds of deaths in the United States each year. The primary snow-related deaths are from traffic accidents, overexertion, shoveling snow, and exposure, but deaths from avalanches have been steadily increasing.

**Snow Is a Good Insulator.** Ten inches of fresh snow is equivalent to a six-inch layer of fiberglass insulation with an R-value of 18.

**Zero Degrees Fahrenheit.** When German Physicist Gabriel Fahrenheit developed the temperature scale that bears his name in 1724, he used equal amounts of sea salt and ice mixed with water to obtain his "zero point." He needed the salt in order to lower the melting point of ice and achieve such a low temperature.

**Pass the Salt, Please.** New Hampshire was the first state to implement a general policy of using salt to deice roads. The policy was adopted during the winter of 1941-42, when a total of only 5,000 tons of salt was spread on highways nationwide (compared to 10 to 20 million tons of salt used today).

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For more information about deicers, best management practices, reporting pollution, moving dirt and other issues regarding soil and water conservation, please contact Stephanie Rose DeNicola, Communications Specialist of Culpeper Soil & Water Conservation District at (540) 825-8591.

# From Your Commissioner of the Revenue

Terry L. Yowell



## REAL ESTATE UPDATE:

The renovation of the office to house the Real Estate Division of the Commissioner of the Revenue’s Office is well underway. However, at this point we do not have an anticipated move-in date.

We currently have 6 part-time Field Data Technicians. As of October 31<sup>st</sup> the technicians had completed inspections and owner interviews for 5,147 individual properties. Our Field Data Technicians are interviewing the owners who are available when they make their inspection. For the owners who are not at home, they leave a doorknob hanger asking the owner to respond to a few questions regarding their property. We appreciate the good response we are getting from the doorknob hangers, and that data is being entered as it is received.

We are anticipating, in the near future, that your real estate assessment information will be available not just on the GIS website, but also on Culpeper County’s website. This should make the current assessment information readily accessible, and easily utilized, increasing the efficient use of time and taxpayer dollars.

## PERSONAL PROPERTY UPDATE

I would like to take this opportunity to report the results of the Personal Property Tax Relief Act (PPTRA) Compliance Program audit conducted by the Commonwealth of Virginia Department of Taxation on June 23, 2005.

The text from the Department to my office:

“TAX has completed the review of your locality’s policies and procedures for the Personal Property Tax Relief Act

(PPTRA) Compliance Program. I am pleased with the efforts you and your staff have made in meeting the requirements of this program.

A copy of the Procedural Review Report completed by the auditors assigned to your locality is enclosed. This report summarizes their findings and may include some recommendations and exceptions found during their review. If you have any questions about items contained within this report, please let me know.

I would like to commend your staff for the cooperation given to our auditors. The results have been a very efficient and effective audit process.”

This letter is signed by **Gerald H. Gwaltney, Deputy Tax Commissioner, and dated September 30, 2005.**

The PPTRA Procedural Review Report found our office as ‘Fully Meets’ the PPTRA Requirements. No records required a change. No additional tax was due to the state and no relief due to the locality. General comments provided by Stan Leap, Department of Taxation Auditor, Valley District, dated 7/11/2005:

“Commissioner Yowell and her staff have obviously put a lot of effort into the administration and enforcement of the PPTRA. They make use of all available local and state forms and information. They have also used various media to educate Culpeper Co. residents regarding qualifications for tax relief.”

I want to thank the citizens of Culpeper for helping us make this audit a success. Had the audit found this office to be “significantly non-compliant”, the Commonwealth could have reduced our total state reimbursement (PPTRA) dollars by the percentage of error resulting from the

audit. Fortunately, they were unable to find any vehicle record qualified or disqualified in error for the tax relief. I want to thank you for your patience, your understanding and your cooperation.

## INCOME TAX NOTIFICATION:

In August of 2005, all Virginia Commissioner of the Revenue (CoR) Offices were notified by the Department of the Treasury, Internal Revenue Service (IRS) that we will no longer receive federal tax form products. For many years, we have been able to provide an assortment of Federal tax forms and instructions for those of you, like me, who still prefer to work your return with paper and pencil. Unfortunately, the IRS believes that electronic filing initiatives have changed the way taxpayers file returns and that the demand for paper forms “is at a declining period in its life cycle”. The CoR Association of Virginia has, and will continue to, plead with the IRS to reconsider this decision.

The IRS offers the following information:

Patrons may access the website at [www.irs.gov](http://www.irs.gov) to search, print, or download tax forms, instructions, publications and information 24 hours a day. Tax information is available for individuals and businesses.

\*\*\*We will continue to receive state tax form products from the Virginia Department of Taxation\*\*\*

Office of the Commissioner of the Revenue  
135 West Cameron Street, Suite 9  
540-727-3443

***OFFICE OF THE TREASURER***  
**CULPEPER COUNTY**  
**David L. DeJarnette, Treasurer**

As a new Treasurer for Culpeper County, Fall 2005 is my first tax billing season. With the help of the County Information Technology Department, Commissioner of Revenue's Office and the Treasurer's Office staff, tax bills were issued and mailed to citizens by the end of October. The payment due date for all Personal Property, Real Estate, Business Equipment and Merchants' Capital tax is December 5, 2005. As listed below, the penalty and interest liability for payments that are not paid in full and on time is substantial and can become a large portion of a delinquent tax bill. The majority of the citizens of Culpeper County pay their local taxes in full and on time and will never encounter a delinquent tax bill. However, for those persons that have not paid their taxes by the December 5<sup>th</sup> due date (whether intentionally or by error), please read below:

**Do not ignore a tax bill that you feel was received in error.** The late payment penalty is ten percent (10.00%) for the tax amount not paid or postmarked by the due date. Interest at ten percent annually (10.00% APR) is assessed on the unpaid tax amount plus the penalty amount beginning on December 6<sup>th</sup> (the first day following the due date) and accrues on the first day of each month thereafter until paid in full.



**David L. DeJarnette**

**If you did not receive a tax bill** for real estate or personal property owned in the County of Culpeper as of January 1, 2005, please contact our office at (540) 727-3442 in order to verify the correct billing address (and tax due) for this property. **It is the responsibility of the taxpayer to ensure that the proper tax bill is received and paid on time.** Address changes and correct billing information is the responsibility of the taxpayer, and our Office can only bill to the last known address of record.

**Don't lose your State Reduction for Personal Property Tax Relief!** The Virginia General Assembly has enacted several changes to the Personal Property Tax Relief Act (PPTRA) and has fundamentally changed how you will receive tax relief on your "qualified personal use" vehicles after December 31, 2005. As a result of this change, limited tax relief funds are available and are not guaranteed for tax bills on qualified vehicles for 2005 and prior years that have not been paid. To ensure that you do not lose your tax relief, pay before the end of December 2005. If your tax bill remains unpaid after the funds budgeted by the state for tax relief for 2005 and prior years have been depleted, **instead of the 30% taxpayer portion shown as the amount due on your personal property tax bill, you will be responsible for 100% of the original tax amount** in addition to penalties, interest and administrative fees that may apply. **EXAMPLE:** A \$30 tax bill could become a \$100 tax bill plus penalty and interest if you lose your State Personal Property Tax Relief for delinquent tax bills for tax year 2005 or prior years.

**If you have questions about your bill**, please contact our office between the hours of 8:30– 4:30 Monday through Friday at 135 W. Cameron Street, Suite 7, Culpeper, VA 22701, call us at (540) 727-3442 or fax us at (540) 727-3478. We are here to serve the citizens of Culpeper and help you understand your tax bill and avoid any delinquent billing problems.

Office Hours: 8:30 am - 4:30 pm Monday through Friday  
Phone: (540) 727-3442 Fax: (540) 727-3478  
Website: [www.culpepercounty.gov/treasurer/index.htm](http://www.culpepercounty.gov/treasurer/index.htm)





## *Culpeper County Sheriff's Office*

*H. Lee Hart, Sheriff*

*110 West Cameron Street • Culpeper, Virginia 22701*



### *Citizens' Law Enforcement Academy*

The third session of the Culpeper Sheriff's Office Citizens' Law Enforcement Academy graduated on December 16, 2004. The Citizens' Law Enforcement Academy has been developed to enhance the relationship between the Sheriff's Office and the community it serves. Because of its success, the next CLEA will begin in the spring of 2006. For more information, contact Investigator Bob Canosa at 540-727-3444 ext.307.

### *Sheriff's Office Recruits Graduate from the Academy*

On the 14<sup>th</sup> of October four Culpeper County Sheriff's Deputies graduated from the 116<sup>th</sup> session of the Rappahannock Regional Criminal Justice Academy Jail Basic School. Deputies David Corbin, David Jenkins, Jeff Lee and Greta Wyant attended the Academy's Middletown Campus from August 22<sup>nd</sup> to October 14<sup>th</sup>. "The Graduates are now state certified in basic jail principles and procedures and are now able to work unassisted in the detention and care of inmates housed in the Culpeper County Jail," said Sheriff Lee Hart. "I am also proud to announce that Deputy David Jenkins received the Top Skills Award. Out of 20 classmates from 7 different agencies, David was able to achieve top skills in firearms and defensive tactics." Sheriff Lee Hart commends all the graduates on a job well done.



### *Sheriff's Investigator Named Employee of the Month*

Investigator James Mack was named Culpeper County employee of the month in July 2005. Investigator Mack has been with the Culpeper County Sheriff's Office since 1987. In that time he has served in many different capacities in the Sheriff's Office. Investigator Mack is also the Pastor of Mt. Pisgah Baptist Church in True Blue, Virginia, and Divine Life Ministries in Culpeper, Virginia. Congratulations to James Mack on a job well done.



## Culpeper Regional Airport

### 2005 Year-End Wrap-Up

Well, I hate to report that our annual Air Fest held the second Saturday in October was inundated with approximately 7 inches of rain. We had such an outstanding group of die-hard Air Fest fans hanging around hoping for a break in the clouds that we actually had an open house for the day. Even the Director for the Virginia Department of Aviation flew in for the event. We want to thank all those who participated in helping us prepare for this event, especially the Commemorative Air Force, for being our impromptu hosts for the day. We also want to thank our Air Fest sponsors for their understanding of our rained-out event.

***A special thank you to all our Sponsors ...***

*Chemung Contracting & Cedar Mountain Stone  
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Culpeper County Parks and Recreation Department*

*Philene M. Ware Dunn  
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Brandy Station Volunteer Fire Dept.  
Richard & Susan Showalter  
Dick Roe  
Lightfoot Limo Service  
White Hawk Aviation and Flight School  
Mike & Mary Dale  
Stacey, Tanya and Samantha Woodward*

*Culpeper County MCJROTC  
Culpeper County Sheriff's Office  
Quarles Energy Services  
Inn at Kelly's Ford  
National Capital Squadron  
Rosson & Troilo Motor Co. Inc.  
Culpeper Airport Line Service Techs  
Lou & Carolyn Ridley  
Frank Bossio & Jeanne Ireland*

...and many Volunteers. Without your assistance, we would not be able to hold such an event.

One highlight of the Air Fest events is that during our pre-fest dinner our Employee of the Year is named. For the second year in a row, our Employee of the Year is Leon Rector! Leon has been involved with aviation in one way or another for most of his life. He has worked at Culpeper Airport for 16 years and is an integral part of our airport family. Leon always has a smile and a story ready for all who visit the Airport. Congratulations Leon!!!!

In our business spotlight this month is the Commemorative Air Force (CAF). Every issue I will try to update the public on businesses or organizations based here at the airport. The following article introduces you to the CAF.



The National Capitol Squadron (NCS) of the Commemorative Air Force (CAF) has acquired a new home in a 10,000 square foot hangar right at the entrance to the Culpeper Regional Airport effective 1 June 2005.

The NCS will use the hangar for display, protection and maintenance of their WWII-era aircraft as well as to establish a "flying museum" for both the aircraft and WWII exhibits and artifacts, in keeping with the CAF mission as an educational organization dedicated to the preservation of military aviation heritage.

The squadron currently has two WWII airplanes, a basic trainer, designated as a BT-13 and an L-5 observation aircraft. The airplanes are maintained in flying condition and participate in air shows all around the mid-Atlantic region. In addition, the hangar will be used to house other appropriate privately-owned "warbird" aircraft with preference given to WWII aircraft, such as the AT-6 Texan already resident. Another post-WWII British trainer, a DeHavilland Chipmunk is also resident.



Consider joining the squadron to help maintain the heritage and become a CAF "Colonel". As a member you may be eligible to pilot a CAF aircraft, join an aircraft support team and/or enjoy the privilege of flying in a CAF aircraft, as opportunities become available. The CAF has about 100 flying historic military aircraft. The CAF is a 501(c)(3) non-profit organization. Therefore, your membership dues and contributions are tax-deductible to the full extent of the law.

The general public is encouraged to come out and visit with us as we continue to grow our presence at the airport and in the community. Exhibits and activities at the hangar are planned and will be announced as they occur, as well as opportunities to buy rides in the aircraft. You can also contact us about an educational tour for schools, scouts or other groups.

More information on the Commemorative Air Force can be learned from the web site [www.commemorativeairforce.org](http://www.commemorativeairforce.org) and the National Capitol Squadron at [www.natlcapsq.org](http://www.natlcapsq.org) or by contacting Col. Grover Amick at [amick@toast.net](mailto:amick@toast.net) or (540) 423-1005.

**Visit our link from: [www.culpepercounty.gov](http://www.culpepercounty.gov) or call the Airport at 825-8280**



# CULPEPER MINUTES

A Publication of  
The Culpeper County  
Board of Supervisors



**The Administration Building**  
302 North Main Street  
Culpeper, VA 22701  
**Phone: 540-727-3427**  
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**email: [dhoffman@culpepercounty.gov](mailto:dhoffman@culpepercounty.gov)**

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WINTER 2005

CULPEPER MINUTES

ISSUE TWENTY-TWO

## Airport News

The October Air Fest 2005 was officially rained out



*Photo by Yasmin David*

Those who came enjoyed an impromptu Open House



*Photo by Yasmin David*

**Telephone Number for Virginia Department of Transportation (VDOT): 540-829-7500**  
**To report Road Hazards or Snow-Flood Conditions: 800-367-7623 Toll Free**